

# Prenatal Handout

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Welcome to Salisbury Pediatrics! We are happy that you are interested in bringing your newborn to our practice. To help you with some of the common issues and decisions that come with a newborn, we prepared this handout about our practice and our recommendations for a healthy beginning for your baby.

Salisbury Pediatric Hours: 9am-4:30pm Monday through Friday

Sick Walk In Clinic (Monday through Friday): 8am-9am  
May 1 – Oct 31: 5pm-6pm  
November 1 – April 30: 5pm-7pm  
Weekend and Holiday: 10am-12pm

Office Phone: 704-636-5576

24/7 Emergency Nurse Triage Service. After hours number: 704-636-5576

Office address: Salisbury Pediatric Associates  
129 Woodson St.  
Salisbury, NC 28144

## Birth/Newborn Screening and Vitamin Prevention REQUIREMENTS:

1. We require that your baby receive intramuscular Vitamin K at delivery to prevent a Vitamin K deficiency bleeding disorder, a potentially devastating bleeding condition that can cause stroke and/or blood loss due to inadequate vitamin K perinatally. The website below lists more details.

<http://pediatrics.aappublications.org/content/112/1/191.full>

If your Birthing Center does not provide Vitamin K, we can give you a prescription to obtain it from Piedmont Retail Pharmacy associated with Piedmont Medical Center in Rock Hill, SC. You will need a syringe so the nurse at the center can administer it to the baby upon delivery. If you are not delivering in South Carolina, then you may be able to get Vitamin K ordered from an independent pharmacy such as Neil's Compounding Pharmacy or Medicap.

2. We recommend that you obtain your Newborn's Metabolic Screening Panel at delivery at your delivering facility. This test is provided free by the State of North Carolina to screen for diseases that can cause neurologic devastation. These diseases have significantly improved outcomes when identified and addressed early. There may be a fee for the procedure and sending it to the state lab.
  - a. If it is not done by the delivering facility, you can obtain it from Levine Children's Hospital at CMC with a prescription/order. You will need to have the weight of your baby in grams and the location of birth for the order to be processed.
  - b. You can also check with your county health department. Some will draw the Metabolic Screen heelstick test as well.

3. Newborn Hearing Screen: hearing screens for infants are usually done between 24-48 hours of life at most delivering facilities to screen for hearing impairment in babies. Babies undergo critical hearing and speech development during the first 6 months of life. If hearing impairment is identified and treated early, they have the best chance of reaching school age without language or speech delays as compared to infants and children who are identified later. We strongly recommend you take advantage of this opportunity to have your child screened as most children with hearing impairment are born to families who all hear well.
  - a. If your delivering facility does not provide hearing screening, we can refer you to an audiologist who provides the test for infants up to 6 months of age.

Salisbury Pediatrics strongly believes in the proven safety and efficacy of childhood vaccines. We fully support the much-studied schedule of childhood immunizations recommended by the CDC, ACIP, as well as numerous other organizations. The medical risks of a large, unprotected community puts the entire population at risk for rare but serious complications of vaccine preventable diseases. We understand the hesitancy that some parents may have with the recommended schedule. For this reason, we will continue to offer an alternative vaccine schedule, understanding that neither the safety nor efficacy of this schedule has been well studied.

We will no longer accept new patients who will not adhere to one of the afore-mentioned vaccine schedules. This is for the safety of our younger patients that have not fully completed their vaccines, as well as those that cannot receive vaccines for documented and acceptable medical reasons.

We understand that this position will be frustrating for some parents, however, we have to take the best interests of the weakest and most vulnerable children into account.

Again, thank you so much for entrusting us with your beautiful baby and we look forward to a healthy relationship that fosters your child's growth.